

# TOILET TRAINING POLICY

## RATIONALE

We expect all children in Pre-K to be fully independent and confident in using the toilet before starting school. School days are carefully planned, and we need both our staff and students to be focused on teaching and learning activities throughout the day.

## SUMMARY

- Children in Pre-K and KG must wear traditional underwear to school, not pull-ups, pampers or nappies.
- They must be able to recognize for themselves when they need to use the toilet and get to the toilet in a timely manner.
- They must be able to pull their clothing and underwear up and down on their own.
- They must be able to clean themselves independently after using the toilet, using toilet paper or the hose provided.

## 1. INTRODUCTION

We expect all children offered a place at Yas American Academy to be fully independent and confident when using the toilet **before** their child's first day of attendance at school. Parents will be asked about toilet training during their child's play session and after completing the online application. Staff will remind parents to ensure their child is **fully trained** before their first day of school. Foundation Stage information packs sent to parents clearly state that children must be toilet trained before they start at school. To ensure clarity of expectations, it is expected that:

- Children in PRE-K and KG must wear traditional underwear to school, not pull-ups, pampers or diapers / nappies.
- Children must be able to independently recognize when they need to use the toilet, and get to the toilet in time.
- Children must be able to pull clothing and underwear up and down on their own.
- Children must be able to clean themselves independently after using the toilet, using toilet paper or the hose provided.

## 1. Occasional accidents at school

Our staff recognize that young children may have occasional toilet accidents and this is recognized by the staff in school, but in such a situation the children would be expected to recognize and acknowledge their accident and to have sufficient confidence to seek help from a member of staff. Children will be reminded to use the toilet at regular intervals throughout the day. Children will be supported to clean themselves and change into alternative clothing, and parents will be informed at the end of the day.

This will be monitored and logged to track frequency and to determine if intervention is needed.

## 2. How will changing children be managed?

Adults will assist with the cleaning of the child and support the child to change into new clothes. Spare clothes must be provided by all parents in readiness for such accidents. Wet or dirty items will be placed into a carrier bag, ready to be taken home for washing. Staff will wear latex gloves when changing children. Staff will change the children in sight of another adult where possible. If this is not possible the door to the room where the child will be changed will not be closed.

Exceptions to the policy will be made when children are soiling themselves. We do not have the facilities to change and wash children sufficiently after accidents that leave themselves and their clothes very dirty. If staff do not feel that they can clean the child appropriately parents will be contacted to collect their child from school.

### 3. Regular accidents at school

When children have toileting accidents, teachers will keep a confidential record of this and inform the parents. If a child has regular accidents (e.g. daily or more than twice weekly) parents will be asked to meet with the Class Teacher, and Head of Department where appropriate, to discuss strategies that can be used at home and school to prevent this (please see Appendix 1).

If the child still continues to have regular accidents parents will be asked to meet with the Class teacher and Head of Department to determine whether the child is able to use the toilet independently. At this point, teachers and families will work together for a period of two weeks to use the strategies to help the child become more confident and able to use the washrooms. This may be in the form of staggered school timings. The child may begin by coming into school for a shorter time period e.g. 1 hour. Once the child is able to be in school for this time without accidents the time will be reviewed and extended. The extension of the day will happen gradually until they are back in full time. If little or no progress has been made parents will be asked to keep their child at home for 2 weeks to retrain them.

Research has shown that intensive work on this has the greatest impact when carried out in their own home environment.